



Calories in a Regular Size vs. Value Meal

- Whopper: 1,220 calories as pictured (small)
 - Go large and add 380 (30%) more calories
- Big Mac: 1,130 calories as pictured (small)
 - Go large and add 200 (18%) more calories
- Chick-Fil-A: 710 calories without mayo (small)
 - Go large and add 270 (38%) more calories

